

## ATLANTIC COUNTY Nutrition Programs

Program Name:	Shore Memorial Hospital Wellness Program
Agency/Institution:	Shore Memorial Hospital
Address:	1 E. New York Avenue, Somers Point, NJ 08244
County:	Atlantic
Phone:	609-653-4500
Website:	www.shorememorial.org
Focus:	Information provided about balanced nutrition based on individual
	needs
Services:	
Population served:	Adults, seniors
Funded by:	Part of the cost of providing community education programs
Fees & Charges:	None
Other information:	We offer various nutrition programs

Program Name:	Horizon Health and Literacy Program
Agency/Institution:	Boys and Girls Club of Atlantic City, Inc.
Address:	317 N. Pennsylvania Ave., Atlantic City, NJ 08401
County:	Atlantic
Phone:	609-347-2697
Website:	www.acbgc.org
Focus:	Improve reading score and knowledge of healthy eating
Services:	
Population served:	Ages 6-18
Funded by:	Internal-Boys and Girls Clubs of NJ Funding
Fees & Charges:	Yes

Key: 🕮 Education Materials	Workshops/Classes	Program Evaluation	<b>9</b> Counseling
<b>T</b> Equipment or Facilities for	or Fitness 🍽 Healthy	<b>Choices in Cafeteria/Vend</b>	ing Machine
Fruits and Veggies-More	: Matters <sup>®</sup> (new campaign	replacing 5 A Day Program	]

## ATLANTIC COUNTY Physical Activity Programs

Program Name:	Pilates
Agency/Institution:	Shore Memorial Hospital Wellness Program
Address:	1 E. New York Avenue, Somers Point, NJ 08244
County:	Atlantic
Phone:	609-653-4500
Website:	www.shorememorial.org
Focus:	Promote an active lifestyle
Services:	<b>●</b> 'Y'
Population served:	Adults
Funded by:	Collect minimal fee from participants to pay instructor
Fees & Charges:	Yes
Other information:	We also offer tai chi, tai chi chih, and arthritis exercise

Program Name:	Sports, Fitness, and Recreation
Agency/Institution:	Boys and Girls Club of Atlantic City, Inc.
Address:	317 N. Pennsylvania Ave., Atlantic City, NJ 08401
County:	Atlantic
Phone:	609-347-2697
Website:	www.acbgc.org
Focus:	To encourage and inspire all youth, especially those who need us
	most, to become caring, responsible, healthy and productive
	citizens
Services:	(Y)
Population served:	Ages 6-18
Funded by:	Own funding, grants, and federal; federally-funded pass through
	grants via BGCA
Fees & Charges:	Yes

Key: 🕮 Education Materials	<b>♥</b> Workshops/Classes	Program Evaluation	<b>9</b> Counseling
Y Equipment or Facilities for	r Fitness 🍽 Healthy	Choices in Cafeteria/Vendi	ng Machine
Fruits and Veggies-More	Matters <sup>®</sup> (new campaign :	replacing 5 A Day Program)	